



JOHN F. CLARKIN, PH.D.

*TRANSFERENCE-FOCUSED
PSYCHOTHERAPY
FOR BORDERLINE PERSONALITY
ORGANIZATION: A CLINICAL GUIDE*

SATURDAY
OCTOBER 5, 2013
9:00 AM – 4:30 PM
REGISTRATION: 8:00 AM
BEST WESTERN
VILLAGE PARK INN
1804 CROWCHILD TRAIL NW
CALGARY, AB T2M 3Y7

8:00am - Registration

9:00am - Introduction of Dr. John F. Clarkin

9:00am - Session 1: Borderline Pathology and Transference-Focused Psychotherapy (TFP)

There is an intimate relationship between the specific pathology and the psychotherapy that is intended to change it. From the earliest thinking about borderline pathology in the 1970s, there have been both descriptive and more theoretical approaches to the pathology. This lecture will highlight the developments in the understanding of borderline pathology, and emphasize the connection between the functional markers of the pathology and the necessary foci of any treatment approach, including TFP.

10:30am - Break

10:45am - Session 2: Patient Assessment and Treatment Contracting

In the assessment of patients with suspected personality pathology, we utilize a structural interview with the goal of understanding both the current symptoms and the internal representations of self and others that guide interpersonal behavior. This organized, structured assessment is followed by the negotiation of a verbal treatment contract with the patient. In this process, the TFP therapist describes responsibilities in the therapy for both patient and therapist.

12:15pm - Lunch

1:00pm - Session 3: Early Treatment Phase

Once the treatment contract is explained and accepted by both patient and therapist, the treatment begins. The early treatment phase with patients with borderline personality organization can be marked by challenges to the contract, self-destructive behavior, and interpretations of the threats to treatment.

2:30pm - Break

2:45pm - Session 4: Mid-phase of Treatment and Termination

The mid-phase of treatment provides an opportunity to deepen the patient's understanding of his/her representations of self and others through the analysis of the relationship with the therapist, and relationships with key individuals in their current lives. This presentation will conclude with clinical research that demonstrates the effectiveness of TFP, and illustrates the essential elements in the change process.

LEARNING OBJECTIVES

1. DESCRIBE THE OBSERVABLE BEHAVIORS AND INTERNAL REPRESENTATIONS OF SELF AND OTHERS THAT ARE CHARACTERISTIC OF BORDERLINE PATIENTS
2. UNDERSTAND THE CONNECTION BETWEEN BORDERLINE PATHOLOGY AND THE FOCUS OF TFP
3. DESCRIBE THE ELEMENTS IN A TREATMENT CONTRACT
4. DESCRIBE THE PRIORITIES AND PROCESSES OF INTERPRETATION IN THE INTERACTION BETWEEN PATIENT AND THERAPIST
5. UNDERSTAND HOW THE PATIENT PROGRESSES FROM ACTION TO REACTION TO REFLECTION
6. UNDERSTAND THE EMPIRICAL BASIS FOR TFP

John F. Clarkin, Ph.D., is Clinical Professor of Psychology in Psychiatry at the Weill Cornell Medical College, New York City. He serves as the Co-Director of the Personality Disorders Institute of the New York Presbyterian Hospital, the University Hospital of Cornell and Columbia. Dr. Clarkin's research activities have focused on the phenomenology of the personality disorders, and the treatment of patients with borderline personality disorder and bipolar disorder. He is the author of numerous articles and books on psychopathology, differential treatment planning, and the personality disorders. He has worked with Dr. Otto Kernberg and the interdisciplinary members of the Personality Disorders Institute since 1980 in a concentrated effort to empirically investigate the symptom patterns, traits, and neurocognitive functioning in patients with borderline personality disorder, and relate these findings to a focused treatment approach. Under Dr. Clarkin's direction, an object relations treatment for borderline personality organization, Transference-Focused Psychotherapy (TFP), has been written in treatment manual form and demonstrated to be effective in a pilot investigation and two randomized controlled trials, one in New York City and the other in Europe. Dr. Clarkin is a past president of the international Society for Psychotherapy Research (SPR). He has served on study groups at the National Institute of Mental Health (NIMH), and is a reviewer for major journals such as the [American Journal of Psychiatry](#), [Journal of Personality Disorders](#), and [Personality Disorders: Theory, Research and Treatment](#).

For information contact:

About Course Content

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About Registration

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REGISTRATION

Name: _____

Address: _____

City: _____

Province: _____

Postal Code: _____

Telephone: _____

Email: _____

Professional Affiliation (please indicate if M.D.)

REGISTRATION IS LIMITED TO 150

All cheques must be payable to
**Calgary Psychodynamic Psychotherapy
Education Foundation.**
Online registration available at www.cppef.ca

Register by mail or online at www.cppef.ca

Please complete this form and send
with payment to:
**Calgary Psychodynamic Psychotherapy
Education Foundation**
1304-1001 8th Street NW
Airdrie, AB, T4B 0W2

ACCREDITATION

The Calgary Psychodynamic Psychotherapy Education Foundation has applied for continuing education credits from the Royal College of Physicians. Final confirmation will be available in the program package.

SEMINAR SERIES

Preparatory seminar series will be offered, see www.cppef.ca for details.

CONFIRMATION OF REGISTRATION

Registration confirmation will be in the form of a receipt. No other confirmation will be sent. Please allow 2 weeks for registration processing.

REFUND POLICY

A registration refund will be made upon written request prior to September 20, 2013, less a \$40 administration fee. No refund will be made for cancellation after September 20, 2013, however substitutions are permitted.

HOTEL GUEST ROOMS

Guest rooms are available at the Best Western Village Park Inn. Call 403-289-0241 for room bookings, mention event code "WQ" for the discounted rate.

FEES: (please circle payment amount)

	By Sept 6, 2013	After Sept 6, 2013
Physicians	\$200	\$225
Allied Health	\$150	\$175
Students	\$100	\$125

CONTACT INFORMATION

About Course Content

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About Registration

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PLANNING COMMITTEE

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