



Continuing Education Offering

Transference Focused Psychotherapy (TFP) Foundational Training: Narcissistic Personality Disorder (NPD)

Held on:	April 27-29, 2017
Location:	Waltham Woods Conference Center, Waltham, MA
Tuition fee:	\$950 for Part II
Provided by:	Borderline Personality Disorder Training Institute, McLean Hospital
CME Credits:	18.0
Course Director:	Lois W. Choi-Kain, MD, MEd
Faculty:	Frank Yeomans, MD, PhD; Diana Diamond, PhD; Richard Hersh, MD
Prerequisites:	None
Registration:	http://tinyurl.com/TFPPart2

Course Description

This 3-day course offers training in an empirically validated treatment approach Transference Focused Psychotherapy (TFP). Transference-Focused Psychotherapy (TFP) is a state-of-the-art, evidence-based treatment for patients with personality disorders (PD). While derived from psychoanalytic tradition, TFP has important modifications making it of use to psychotherapists today working with patients with significant personality pathology.

TFP offers psychotherapists an overarching approach to patients with severe PD symptoms including, but not limited to, patients with borderline personality disorder and narcissistic personality disorder. The goals of this workshop include: 1) Introduction to TFP as an individual psychotherapy for patients with personality disorder symptoms, and 2) Introduction to TFP principles of use to clinicians in a variety of treatment settings who may not be offering an extended individual psychotherapy, but nevertheless want assistance in the challenges of treating patients with moderate to severe personality disorder symptoms. TFP Part 1, in October of 2016, focused on setting a foundation of TFP knowledge and its use for treating borderline personality disorder. This course, TFP Part 2, will focus on narcissistic personality disorder.

Target Audience

Physicians, psychologists, psychiatric nurses, social workers and other licensed mental health counselors.

Educational Objectives

At the conclusion of this workshop, participants will be able to understand:

1. the strategies, tactics and techniques of effective psychodynamic psychotherapy for borderline and narcissistic personality disorders
2. how to identify object relations as they are enacted in the therapy
3. the awareness and use of countertransference with borderline and narcissistic patients

Agenda

Day 1

- 8:30-10:00am: A review of the TFP treatment model
10:00-10:15: Break
10:15-11:45: Examples of the mid-phase of treatment
Medication
11:45-12:45: Lunch
12:45-2:15: The late phase and termination
2:15-2:30: Break
2:30-4:00: Review of an entire case
Video of a session

Day 2

- 8:30-10:00am: The challenge of narcissism: description of NPD and levels of NPD
10:00-10:15: Break
10:15-11:45: The underlying structure of NPD: the grandiose self
The case of a depressive narcissistic patient
11:45-12:45: Lunch
12:45-2:15: Modifications of treatment techniques for NPD
2:15-2:30: Break
2:30-4:00: Antisocial Personality Disorder

Day 3

- 8:30-10:00: Treatment complications
10:00-10:15: Break
10:15-11:45: Video of session with affect storm
11:45-12:45: Lunch
12:45-2:15: The advanced phase of therapy: what it feels like
2:15-2:30: Break
2:30-4:00: Discussion of clinical cases and vignettes
Questions and comments; thoughts about moving forward

Faculty Information

Lois W. Choi-Kain, M.D., M.Ed. Director, Adult Borderline Center and Training Institute
Director, McLean Gunderson, Assistant Professor of Psychiatry, Harvard Medical School

Frank Yeomans, MD, PhD Clinical Associate Professor of Psychiatry, Weill Medical College of Cornell University;
Lecturer, Columbia University Center for Psychoanalytic Training and Research; Director, Personality Studies
Institute

Richard Hersh, M.D. Special Lecturer, Department of Psychiatry, Columbia University Medical Center

Diana Diamond, PhD. Professor, City College of New York

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Physicians: McLean Hospital is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

McLean Hospital designated this live activity for a maximum of *18 AMA PRA Category 1 Credits™*. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Psychologists: McLean Hospital is approved by the American Psychological Association to sponsor continuing education for psychologists. McLean Hospital maintains responsibility for this program and its content. Participants meeting requirements will receive 18 CE credits.

Continuing Education For

Social Workers: This program has been approved for 18 Social Work Continuing Education hours for relicensure, in accordance with 258 CMR. Collaborative of NASW and the Boston College and Simmons Schools of Social Work Authorization Number D 72483-1.

Licensed Mental Health Counselors: McLean Hospital has been approved by NBCC as an Approved Continuing Education Provider (ACEP™ No. 6085) . Programs that do not qualify for NBCC credit are clearly identified. McLean Hospital is solely responsible for all aspects of the programs. This offering meets the requirements for up to 18 NBCC hours.



Nurses: This program meets the requirements of the Massachusetts Board of Registration in Nursing (244 CMR 5.00) for 18 contact hours of nursing continuing education credit. Advance practice nurses, please note: educational activities which meet the requirements of the ACCME (such as this activity) count toward 50% of the nursing requirement for ANCC accreditation.

Disclosure Policy

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